

Introduction



New Wave teachers believe that physical education, experienced in a safe and supportive environment, is a unique and vital contributor to a pupil's physical development and well-being. A broad and balanced physical education curriculum is intended to provide for pupils increasing self-confidence in their ability to manage themselves and their bodies. Progressive learning goals, combined with sympathetic and varied teaching approaches, endeavor to provide stimulating, enjoyable, satisfying and appropriately challenging learning journeys for all pupils. Through the selection of suitably differentiated and logically developed learning tasks, it is intended that all pupils, irrespective of their innate ability, will enjoy success and be motivated to be mastering at their individual potential.

Aims & Objectives

The aims and objectives of learning through physical education are:

- To be able to develop competence to excel in a broad range of physical activities
- To be able to be physically active for sustained periods of time
- To be able to engage in competitive sports and activities
- To know and understand why it is important to lead healthy, active lives.
- To be able to offer a positive impact of competition.
- To be able to increase cross Hackney opportunities, make links with local communities and clubs and enable our pupils to attend them.

Personal Goals

New Wave teachers believe the IPC Personal Goals build part of the foundation in nurturing a successful physical and healthy lifestyle in the future. Physical education within the New wave Federation prides itself on giving pupils opportunities to build on our 'Yes to success' qualities. Allowing pupils to enjoy and build a positive view of being active and living a healthy lifestyle for themselves. Linked with our personal learning goals, pupils learn to flourish, apply and grow these skills in a rapidly changing world.



Physical Education Policy



Curriculum

New Wave teachers ensure all pupils have access to a rigorous physical education curriculum taught through the IPC as both an independent and interdependent subject. In the Early Years Foundation Stage (EYFS) physical education is planned according to the Foundation Stage curriculum and is an integral part of physical development. At Key Stages One and Two, physical education is taught by a qualified physical education teacher and by class teachers linked closely with the IPC units. The National Curriculum objectives are cross referenced with the IPC learning goals to ensure coverage and consistency.

New Wave Mastering Approach

New Wave teachers are focused on improving pupil's learning and engagement in physical education. We believe that pupils should learn the subject knowledge, skills and understanding to become aware of the physical, social and emotional world around them, ensuring excellent progress is made by all. We broaden pupil's knowledge with carefully planned learning tasks; challenging them to make connections with what they already know about: invasion games, gymnastics, dance, swimming, outdoor and adventurous activities.

Pupils are given opportunities to apply their knowledge to a variety of brain-friendly learning tasks, honing their physical skills at an emerging, expected or mastering level. New Wave teachers know that understanding is developmental so we strive to provide pupils with the 'light bulb' moment, giving them time to develop and deepen their understanding through challenging and stimulating physical activities.

Assessment

New Wave teachers assess pupils' knowledge, skills and understanding of physical education by questioning, recording, listening to and observing physical performance as an on-going process during P.E learning tasks.

We rigorously assess pupils' PE skills at an emerging, developing or mastering level using an online assessment tool 'THE PE HUB'.



High Aspirations ○ High Standards ○ High Achievement

