

WEEK 1 - Monday



**Pesto & Feta
Pasta with
Pumpkin Seeds**



**Garlic
Focaccia &
Carrots**



**Leafy Salad &
Coleslaw**



Fresh Cut Fruit

WEEK 1 - Tuesday



**Chicken Taco
Bowls**



Greek Salad



**Wholemeal
Rice &
Guacamole**



**Organic Fruit
Yoghurt**

WEEK 1 - Wednesday



**Cheesy Pasta
Power Bake**



**Carrots &
Garden Peas**



Spinach & Pomegranate Salad



Fresh Cut Fruit

WEEK 1 - Thursday



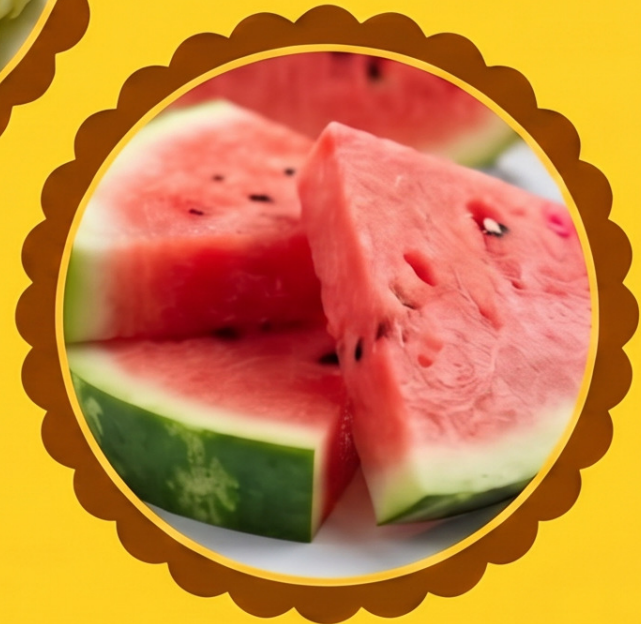
**Chicken Yakitori
(Sticky Chicken)**



**Jasmine Rice
& Steamed
Cabbage**



**Asian Quinoa &
Edamame Slaw**



Watermelon Slices

WEEK 1 - Friday



**Cajun
Chicken
Wrap**



Pesto Salad



**Cajun
Potato
Wedges**



**Buttery
Shortbread**

WEEK 2 - Monday



**Pepperoni
or Cheese
Pizza**



**Potato
Wedges**



**Leafy Salad
&
Coleslaw**



Fruits

WEEK 2 - Tuesday



**Chicken
Shawarma**



**Giant
Couscous &
Sweetcorn**



Greek Salad



**Honeydew
Melon**

WEEK 2 - Wednesday



**Rainbow
Chilli with
Nachos**



**Salsa &
Dips**



**Sweetcorn
& Tomato
Salad**



**Fresh
Cut
Fruit**

WEEK 2 - Thursday



**Jerk
Chicken
Drumstick**



**Rice &
Peas**



**Pesto
Salad**



**Lemon
Iced
Sponge**

WEEK 2 - Friday



**Cajun
Fillet of
Fish**



**Roasted
Baby
Potatoes
& Peas**



**Mixed
Bean
Salad**



**Frozen
Yoghurt**

WEEK 3 - Monday.



Red Pepper & Chickpea Pasta



Garlic Focaccia Bread



Greek Style Salad



Organic Fruit Yoghurt

WEEK 3 - Tuesday.



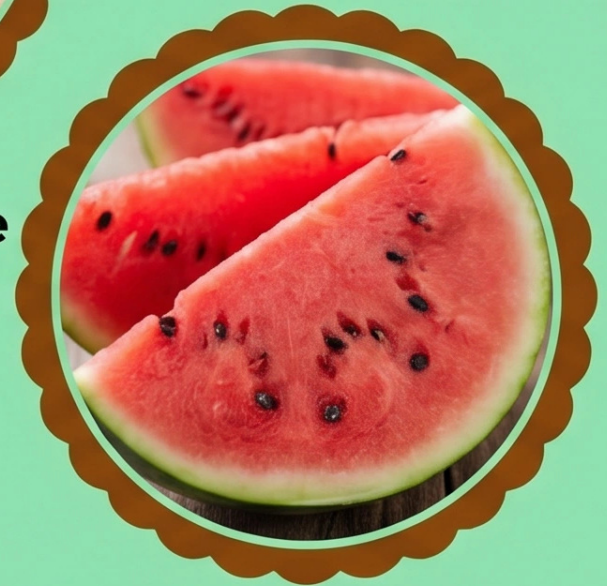
**Caribbean
Chicken Curry**



**Wholemeal Rice
& Green Beans**



Bombay Potato Salad



**Watermelon
Slices**

WEEK 3 - Wednesday.



**Jacket Potato
with Beef
Chilli**



**Tuna and
Salmon Mayo**



Pesto Salad



Fresh Cut Fruit

WEEK 3 - Thursday.



**BBQ Chicken
Drumstick**



**Macaroni Cheese
& Broccoli**



**Sweetcorn &
Tomato Salad**



**Chocolate Biscoff
Cake**

WEEK 3 - Friday.



**Peri-Peri
Chicken Kebab
Wrap**



**Mexican Style
Rice**



**Coleslaw & Red
Cabbage**



Ice Cream