

# Shacklewell Primary School Menu - Week 1

**Vegetarian = (V) Vegan = (Ve).** All vegetarian and vegan dishes are thoughtfully crafted to include a nutritious source of protein.

## Option 1

## Option 2

## Dessert

Planet Friendly Monday	Tuesday	Wednesday	Thursday	Friday
Sweet Potato & Lentil Cottage Pie served with Broccoli and Carrots (Ve)	Chicken Style Strips Enchiladas served with Bean Rice, Guacamole, red Cabbage and Lime Wedges (Ve)	<b>Pizza Extravaganza</b> A Variety of Pizza toppings including  Margarita (V) Planet Balls (Ve) Pepperoni Vegan Bacon & Pineapple (Ve) served with Mixed Salad	Courgette and Tomato Wholemeal Pasta with Vegan Feta Cheese (Ve)	Omega 3 Fish Fingers served with Chips and Baked Beans
Moroccan Vegetable and Chickpea Meatball Tagine served with Lemon Cous Cous and Roasted Peppers (Ve)	Sizzling Mexican Beef Fajitas served with Bean Rice, Guacamole, Red Cabbage and Lime Wedges		Cajun Chicken Drumstick served with Wholemeal Rice, Peas and Sweetcorn	Crunchy Golden Nuggets served with Chips and Baked Beans (Ve)
Freshly Cut Fruit (Ve) or Organic Fruit Yoghurt (V)	Freshly Cut Fruit (Ve) or Organic Fruit Yoghurt (V) or Marble Cake (V)	Freshly Cut Fruit (Ve) or Organic Fruit Yoghurt (V)	Freshly Cut Fruit (Ve) or Organic Fruit Yoghurt (V) or Apricot Sponge (V)	Freshly Cut Fruit (Ve) or Organic Fruit Yoghurt (V) or Flapjack (Ve)

W/C - 21st April, 12th May, 9th June, 30th June, 1st September, 22nd September and 13th October

***Our fish is Marine Stewardship Council approved. All Deserts are Reduced Sugar where possible***

Available Daily...  
Jacket Potato with filling (V & VE options)  
Wholemeal bread  
Choice of salads  
Water



This QR code can be read by any barcode scanner app on your smart phone to access the allergen and nutritional data.

**ASHLYNS**  
High Laver Hall, Ongar, Essex, CM5 0DU  
Tel: 01277 890411/821 Fax: 0871 431 0608  
E-mail: [info@ashlyns.co.uk](mailto:info@ashlyns.co.uk) [www.ashlyns.co.uk](http://www.ashlyns.co.uk)

# Shacklewell Primary School Menu - Week 2

Vegetarian = (V) Vegan = (Ve). All vegetarian and vegan dishes are thoughtfully crafted to include a nutritious source of protein.

	Climate Friendly Monday	Tuesday	Wednesday	Thursday	Friday
<b>Option 1</b>	Smoked Paprika Tomato & Lentil Pasta Bake served with Roasted Summer Vegetables (Ve)	Chickpea Tikka Masala served Pilau Rice and Roasted Garlic Green Beans (Ve)	Chicken & Sweetcorn Pie served with Seasoned Potato Wedges and Carrots	Lemon & Garlic Quorn Fillet served with Herby New Potatoes and Steamed Broccoli (Ve)	Chicken Hot Dog in served with Chips and Baked Beans (Optional Caramelised Onions, Jalapeños and Mustard Toppings)
<b>Option 2</b>	Cheese, Tomato and Red Pepper Wholemeal Pasta Bake served with Roasted Summer Vegetables (V)	Chicken Tikka Masala served Pilau Rice and Roasted Garlic Green Beans	Covent Garden Pie served with Seasoned Potato Wedges and Carrots (Ve)	Lemon & Garlic Chicken Thighs served with Herby New Potatoes and Steamed Broccoli	Planet Friendly Hot Dog served with Chips and Baked Beans (Ve) (Optional Caramelised Onions, Jalapeños and Mustard Toppings)
<b>Dessert</b>	Freshly Cut Fruit (Ve) or Organic Fruit Yoghurt (V)	Freshly Cut Fruit (Ve) or Organic Fruit Yoghurt (V) or Rice Pudding with Mango Puree (V)	Freshly Cut Fruit (Ve) or Organic Fruit Yoghurt (V)	Freshly Cut Fruit (Ve) or Organic Fruit Yoghurt (V) or Biscoff Sponge (V)	Freshly Cut Fruit (Ve) or Organic Fruit Yoghurt (V) or Ice Cream (V)

W/C - 28th April, 19th May, 16th June, 7th July, 8th September, 29th September and 20th October

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Available Daily ...  
Jacket Potato with filling (V & VE options)  
Wholemeal bread  
Choice of salads  
Water



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# Shacklewell Primary School Menu - Week 3

Vegetarian = (V) Vegan = (Ve). All vegetarian and vegan dishes are thoughtfully crafted to include a nutritious source of protein.

## Option 1

Planet Friendly Monday  
Saag Aloo with Butter Beans served with Turmeric Rice, Naan Bread and Green Beans (Ve)

Tuesday  
Golden Crunchy Vegetable Fingers served with Herby Diced Potatoes, Carrots and Peas (Ve)

Wednesday  
Italian Style Spaghetti Bolognese served with Home Made Focaccia Bread and Broccoli

Thursday  
Vegan Feta and Spinach Pastry Squares served with Jollof Rice, Mixed Peppers and Sweetcorn (Ve)

Friday  
Ashlyns Turkey Burger in a Bun served with Chips and Baked Beans

## Option 2

Spinach, Potato & Coconut Curry served with Turmeric Rice, Naan Bread and Green Beans (Ve)

Jerk Chicken Drumstick served with Herby Diced Potatoes, Carrots and Peas

Roasted Vegetable & Lentil Wholemeal Bolognese served with Home Made Focaccia Bread and Broccoli (Ve)

BBQ Chicken Thigh served with Jollof Rice, Mixed Peppers and Sweetcorn

Planet Friendly Burger in a Bun served with Chips and Baked Beans (Ve)

## Dessert

Freshly Cut Fruit (Ve)  
or  
Organic Fruit Yoghurt (V)

Freshly Cut Fruit (Ve)  
or  
Organic Fruit Yoghurt (V)  
or  
Cherry & Chocolate Cake (V)

Freshly Cut Fruit (Ve)  
or  
Organic Fruit Yoghurt (V)

Freshly Cut Fruit (Ve)  
or  
Organic Fruit Yoghurt (V)  
or  
Lemon Meringue Cake (V)

Freshly Cut Fruit (Ve)  
or  
Organic Fruit Yoghurt (V)  
or  
Upside Down Pineapple Cake (V)

W/C - 5th May, 2nd June, 23rd June, 14th July, 15th September and 6th October

*Our fish is Marine Stewardship Council approved. All Deserts are Reduced Sugar where possible*

Available Daily...  
Jacket Potato with filling (V & VE options)  
Wholemeal bread  
Choice of salads  
Water



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