



Allergen Matrix

New Wave Federation 2026 Early
Spring Menu Week Two



	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
Ashlyns Chicken Sausage					✓ Wheat								✓	
Cauliflower & Chickpea Chinese Curry	✓				✓ Wheat								✓	✓
Chinese Chicken Curry	✓				✓ Wheat								✓	✓
Freshly Cut Fruit														
Jacket Potato			✓	✓			✓							
Jacket Potato (No Tuna)			✓				✓		✓				✓	
Lemon Drizzle Cake			✓		✓ Wheat		✓							✓
Marble Cake			✓		✓ Wheat		✓							✓
Moving Mountain Plant Based Sausage					✓ Barley, Oats, Wheat									✓
Omega 3 Fish Fingers				✓	✓ Wheat									
Plant Based Fish Fingers					✓ Wheat									✓
Plant Based Yoghurt														✓
R/S Blackberry and Apple Crumble					✓ Oats, Wheat		✓							✓
R/S Blackberry and Apple Crumble					✓ Oats, Wheat									✓
Roast Chicken Thighs & Stuffing			✓		✓ Wheat		✓							✓
Roast Lentil Wellington	✓				✓ Wheat	?			?					✓
Uptake														
Vegan Meatballs with Sweet Tomato Pasta					✓ Wheat								✓	✓
Yeo Valley Organic Yoghurt							✓							