



# Allergen Matrix

New Wave Federation 2026 Early  
Spring Menu Week Three



	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
Italian Style Beef Bolognese					✓ Wheat									✓
Biscoff Sponge			✓		✓ Wheat									✓
Chicken & Pepper Fajitas					✓ Wheat		✓							
Chicken Hot Dog Roll (NWF)			?		✓ Wheat		?		✓				✓	?
Chocolate Sponge with Chocolate Sauce			✓		✓ Wheat		✓							✓
Falafel & Pepper Fajitas					✓ Wheat									
Flapjack					✓ Oats, Wheat									
Freshly Cut Fruit														
Jacket Potato			✓	✓			✓							
Jacket Potato (No Tuna)			✓				✓		✓				✓	
Margarita Pizza					✓ Wheat		✓							
Moving Mountain Plant Based Sausage Hot Dog (NWF)			?		✓ Barley, Oats, Wheat		?		✓					✓
Pepperoni Pizza			✓		✓ Wheat		✓							✓
Plant Based Yoghurt														✓
Sweet Potato and Chickpea Curry													✓	
Uptake														
Vegan Meatball Pizza					✓ Wheat									✓
Vegetable & Lentil Bolognese					✓ Wheat									✓
Yeo Valley Organic Yoghurt							✓							