

# The Family Coach Service's March Workshop Series

## Making screen time work for you and your family

All families with a child that has a need within **any of the 4 areas of SEND** are welcome  
We are a needs based service. **No EHCP or formal diagnosis** is needed.

### 4 Areas of SEND

Communication  
& Interaction



Cognition and  
learning



Social, Emotional  
& Mental Health



Sensory and  
Physical



**4TH OF MARCH 11AM - 12PM @  
HACKNEY SERVICE CENTER**

Family expectations around  
screen time

**10<sup>TH</sup> OF MARCH 6-7:30PM  
@ ONLINE**

Transitions between screen time  
and different activities

**19<sup>TH</sup> OF MARCH 12-1:30PM  
@ ONLINE**

Using screentime as rewards or  
consequences

**23<sup>RD</sup> OF MARCH 1-2:30PM  
@ HACKNEY SERVICE CENTER**

Feeling confident to make a  
change to the family's screen use

There are **10 spaces available** for each workshop.

Email [familycoach@hackney.gov.uk](mailto:familycoach@hackney.gov.uk) with:

**Your name, Child's school and The name of the workshop(s) you would like to attend.**